

Aspendale Gardens Primary School

Newsletter—Thursday 31st August



INQUIRER THINKER BALANCED COURAGEOUS KNOWLEDGEABLE
REFLECTIVE PRINCIPLED CARING OPEN-MINDED COMMUNICATOR



Primary Years Programme

Aspendale Gardens is an IB World School that strives to be internationally minded.

Our purpose is to provide a supportive safe and dynamic learning environment. We promote inquiry, curiosity, creativity and individuality. We aim to develop a resilient, open-minded school community where all students become independent, emotionally intelligent and socially competent as they strive to achieve their potential as global citizens.

2023 DIARY

AUGUST

Thursday 31 **PRODUCTION Evening Performance**
6:30pm in our Hall
Tickets are available on Compass.
The link to purchase tickets is
<https://www.trybooking.com/CKLTL>

SEPTEMBER

Friday 1 Foundation Swimming Ends
Sunday 3 Fathers' Day

SEPTEMBER

Thursday 7 **FOOTY DAY—Gold Coin Donation to State Schools Relief**

Thursday 7 Environmental Leaders' Workshop
Friday 8 District Athletics Carnival
Monday 11 Year 6 Campers depart for The Summit
Tuesday 12 Year 3 Eco-centre Excursion
Wednesday 13 Year 6 Campers return to School
Friday 15 End of Term 3—2:30pm Dismissal

OCTOBER

Monday 2 Term 4 Begins
Tuesday 3 Year 6 Graduation Photo @ 9:30am
Friday 6 Kingston Division Athletics Carnival
Wednesday 11 Year 3 Campers depart for Mt Evelyn
Friday 13 Year 3 Campers return from Mt Evelyn

UPCOMING DATE FOR YOUR DIARY
Thursday 7th September FOOTY DAY
Gold Coin Donation to State Schools Relief

FROM OUR ACTING PRINCIPAL



It has been another busy week at AGPS with so many people working together to make the school such a special place to work and learn. Staff, parents, grandparents, and students have all been giving up their time to ensure the extra programs and events run successfully. We have had some visits from the students and educators from Aspendale Gardens Kindergarten over the past fortnight. This is building their familiarity and confidence in preparation for when they will join us in Foundation in 2024.

Father's Day / Special Person's Stall

On Tuesday there was an opportunity for students to visit the Fathers' Day stall. The Fundraising Team arranged an assortment of gift items for the students to purchase, ranging from \$2.00 to \$8.00.

The stall ran smoothly thanks to the volunteers who assisted on the day. Thank you to Catherine Pinches, Michelle Darlow, Clare Henderson, Andrea Roberts, Mireille Osbourne, Louise Bradley, Robb Bibb, Kelly Broekstra, Sian Carroll, Angie Cotter, Bianca Benson, Tracee Hill, Jacqui Wright, Andrea Funke, Sheridan Willrath, Karina Buber Claudette Sam, Michelle Marieke and Beata Odrobinska (ex-parent).



Year 5 and 6 Production

Yesterday our Year 5 and Year 6 students had a dress rehearsal for their production of 'It's a Jungle Out There'. This gave them the opportunity to practice in front of the rest of the students, before their two performances today. We hope the students enjoy this experience and are proud of the work they have collaborated towards to create a



performance like this. We will celebrate the contribution of our students and staff following the performances, but a huge thank you goes to the following: Lucy Nicolson for working with our lead actors and directing the performance, Cat McGregor for leading the choir, Athena Archer for choreographing the dances, Belle Munro and Rebecca Russell for make-up, Sarah Byrnes and Maria Janecic for costuming, Liam Murphy and Michael Mumford for sound and lighting and Julie Lach for creating the sets. These staff members have worked with Year 5 and 6 staff and the admin staff to make this production possible.

DAG's Fathers / Special Friends and Children's Activity and Movie Afternoon

On Friday 8th September there will be a fun activity / games and movie night for our Dads and special friends and children to enjoy. This will start at 3.45pm in the gym with some games and activities. Following this there will be a movie. We encourage Dads to bring some snacks to enjoy during the movie. The event will finish by 6.15pm. If there are any more Dad's who would like to join our DAGs (Dad's of Aspendale Gardens) or assist with the games and activities, please see the advertisement below.

Foundation Swimming

Our Foundation students have had another action packed week. They have one more day left of their swimming program at Mentone Aquatics. Thank you to our parent helpers who have supported this valuable program.

Footy Day

Thursday 7th September will be our annual Footy Day to celebrate finals football. The students are invited to attend school in their footy colours or other uniforms they may have from other sporting codes. We ask that students bring in a gold coin donation which will go towards the State Schools Relief charity. State Schools' Relief is a not-for-profit organisation that improves the lives of tens of thousands of disadvantaged Victorian students, and their families, each year. Their service ensures that all students can attend school in warmth and comfort with a greater sense of belonging and improved self-esteem, which in turn enhances their educational engagement. Issues such as poverty, neglect, family illness, abuse and homelessness continue to affect many Victorian families. SSR provides government school students with new uniforms, footwear and educational resources, including learning devices. They work side by side with all Victorian primary, secondary, specialist and language schools to ensure that any students facing hardship have the necessary items they require for school.



We have teamed up with the St Kilda FC community team who will be running special activities (supported by our Year 5 and 6 students) for each year level to enjoy. See the photos of some of the activities that we have planned. Parents are invited to attend the Footy Day parade which will take place in the gym, commencing at 2.40pm

Reminders

This Friday we will have our whole school assembly starting at 2.30pm. There will be a Father's Day feature during this assembly to celebrate our fathers and father figures. We hope that all our fathers and father figures are appreciated on Sunday. Have a wonderful day!



Spring starts tomorrow. Hooray! In line with our SunSmart policy students will be expected to wear a broad brimmed hat whilst outside. We would appreciate your assistance in ensuring that your child has a hat to wear and that it is named. School hats are available from our school clothing store, PSW.

Have a fabulous weekend everyone.

Jonathan



AGPS Footy Day 2023



On **Thursday 7th September** we will be holding our annual AGPS Footy Day. Children are encouraged to dress up in their team colours and bring a **gold coin donation**. The gold coin donation will be fundraising for the **State Schools Relief Fund**. This money goes towards providing basic necessities for many school-aged children by supplying students across Victoria with items such as school uniforms, and ensuring that each child is given an opportunity to receive an education. The canteen **will not have normal lunch orders, and footy day lunch orders have CLOSED. Window sales will be available on Footy Day.**

Parents are invited to attend the **Football Parade** between **2.30pm – 3.30pm** in the gym, where each AFL team's theme song will be played and each student will be given the opportunity to parade their team colours.

There will also be a **Staff vs Student's football match** (depending on the weather) held on the oval from **1.40pm – 2.25pm** which is sure to be a spectacle worth watching.

Throughout the day students will be participating in a variety of special football related activities.

If your child has a football at home, please allow them to bring this to school with their name clearly marked on it.

Mr. Braden King & Mr. Liam Murphy



AGPS SPORTING ACHIEVEMENT

Congratulations to Soren Spencer (5AA) who was awarded the Sir Alan Wickes OAM Medal during the SEJ & Chisholm Regional Awards, a very prestigious award! Soren also won the Frankston District Junior Football League's Leading Goalkicker on 59 goals for the season and the League U/11 Best & Fairest for his division! Congratulations Soren on such a successful season of football!



Please send through your child's sporting achievements and a photo to Mr Murphy or Mr King on Class Dojo to feature in future newsletters!

VICTORIAN PREMIER'S READING CHALLENGE

Just a reminder that the Victorian Premier's Reading Challenge finishes on Friday 8th September, only 9 days to go! Congratulations to the Foundation and Year 1 students who have completed the Challenge. Well done!



Year 3-6 students are encouraged to enter in all books they have read so far this year. Students should know how to log in and if any have lost their usernames and passwords I have a copy of them all. So far we have 230 students who have completed the Challenge. Thank you.

Glenys

NAIDOC WEEK CELEBRATIONS AT AGPS

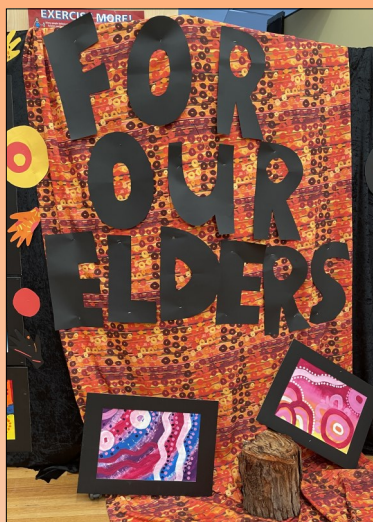
Last term we hosted Indigenous painting workshops for our Year 6 students with Bayley Mifsud from Merindah-Gunya art. Inspired by this visit Year 6's created the artwork we displayed for our special assembly. This past week we were so excited to welcome two performance groups to our school for our NAIDOC WEEK celebrations...BANDOK TATI and the DJIRRI DJIRRI's. Both groups have performed at many of the major events such as the Dreamtime matches, soccer and for special visits to our country of dignitaries such as former USA President, Barack Obama!

Students from Years Foundation to 4 participated in dance/cultural workshops with either group. The DJIRRI DJIRRI's also performed at our special NAIDOC assembly. Our local MP, Tim Richardson, and our KESO (Koorie Engagement Support Officer), Stephanie Briggs, joined us for the event. Stephanie performed our Acknowledgement to Country with the support of Year 2AT student Levi V. Year 4 students and Visual Arts leader Polina I. proudly performed a short reflection on what NAIDOC WEEK is all about. They shared about the importance of us all learning more about each other and working together to make this country an **amazing** place for us all to live.

Mrs Nicolson's Performing Arts group performed a beautiful interpretation of a Welcome to Country song, "Wanjoo" in the Noongar language and signed in Auslan.

A special thankyou to Miss Chu for her work creating our video celebrating 'OUR ELDERS' and also to our Visual Arts leaders Polina I and Amy T for all your work displaying the magnificent Year 6 artwork.

Julie Lach—Special Events Coordinator



NAIDOC WEEK



GALLERY

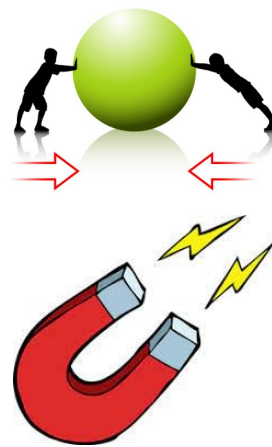
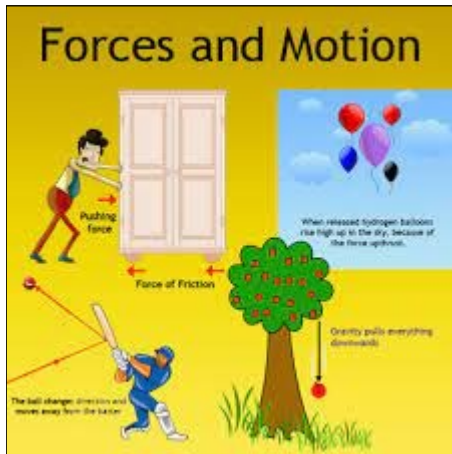


PYP Focus in Year 2

Term 3 Year 2 Central Idea: *Forces are linked to how objects move.*

We have been investigating forces and how they impact the world around us. Our students built landing crafts designed to support a water balloon and protect it from bursting when dropped from a height of 2 metres!

We then created our very own arcade-style games out of recycled materials, which required both contact and non-contact forces in order to operate. We visited Scienceworks in Week 5 to participate in a 'Forces and Toys' workshop.



Force can make things move, change shape or change their speed. **Some forces are direct and happen when two things touch (like a foot kicking a ball) or over a distance (such as a magnet or gravity).** Friction is the force between two objects in contact with each other that will resist an attempt to move them.

Meet Some of Our Students Leaders



Hi my name is Max S. My favourite hobbies include basketball, Aussie rules and mostly any sport. My leadership role is Sports captain and the people who inspired me to nominate for the Sports captain leadership position were : Joel D and Mr Wonnacott. What do I think I bring to my role? Well, I like to think that I bring persistence and humour to the Sports captain role. What would I like to achieve for our school over the second half of this year? Well, I want to inspire other students and motivate them. What advice would you give to the Year 5's hoping to take on a leadership role in 2024? My advice to the Year 5s desperate for a role is to reflect and do the right things this year (remember it's up to your teachers if you get a role). Even if you haven't had the best reputation, plan on fixing your behaviour this year.



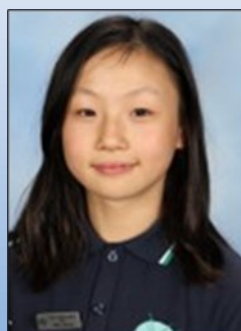
Hi, my name is Chloe and I'm the 2023 L.O.T.E leader (Chinese). I am netball obsessed, I play squad for Chelsea, but I also play two games every weekend for my club Aspendale Arrows. Although I do enjoy tennis and other sports, netball is my #1 sport. **Who inspired you to nominate for the Chinese leader role?** I was inspired by the other LOTE leaders, Miss Chu and my family. They encouraged me to go for the role and try my hardest. What do I think I bring to my role? I like to think I bring courage, humour, compassion and kindness to my role. What would I like to achieve in the second half of the year? I would like to inspire other kids to take more interest in Chinese, because before about 50% of people actually enjoyed learning more in LOTE, and now 80% of kids take more interest in LOTE. But I want to achieve that 100% of kids enjoy LOTE

more! Also being more organised and making more ideas for Chinese activities. What would I advise the Year 5s this year wanting to go for LOTE leader? I would say that you should always be ready for what's waiting for you. It can be hard sometimes but if you always have courage and determination, you can always succeed in tough times. You may be busy, but it's loads of fun! That's all about me, thank you!



Hello I'm Lewis J, one of the AGPS 2023 Environmental Leaders. I play basketball for the local team, the *Aspendale Gardens Giants* and I also play as a goalkeeper for my soccer team, the *Aspendale Stingrays*. I'm passionate about the environment and I believe that I bring a balance of joy and responsibility to my role. Playing the role of *Captain Planet* has been great fun and I encourage the Environmental leaders for 2024 to be the captain. I was inspired to become an Environmental leader because of my passion for the ocean and animals. Throughout this second semester, I want to show younger students that the environment is important and that we need to put more effort into protecting it. For the current Year 5's that are considering going for

Environmental leader, don't think that the role is for wimps. Because it's not. It's for the passionate.



Hello, my name is Mila Z and I am one of the Visual Art leaders of AGPS 2023. As you could have guessed, I love art, everything about it. I love to paint, draw and sketch ALL the time, even in times I'm not supposed to, like class. I also have a passion for reading. I'd love to delve into magical universes and stay there forever. I originally wasn't going to go for a role, because of my overwhelming stage fright. But one of my friends nagged me that I was great, and I would definitely get the role, and I guess he was right. I believe I bring my creativity and helpful nature to my role, drawing and painting and doing all the things I love. It is now the second half of the year, and I hope I can help with the Production and all the other little things. Some advice I would give to the future leaders of AGPS is, to never give up. I know it sounds simple and not

from the heart and I know you've heard it 100 times, but you have to believe you can. If it weren't for my friend's, for ALL my friends' encouragement and support, I wouldn't be writing this piece right now. You have to know to believe in yourself, and THEN you can do amazing things.

Meet Some of Our Students Leaders

Hi my name is Eva and I am one of the 2023 School captains. I love sports and art as it is really fun and a passion I have had for years. As much as I hate public speaking and am super shy, speaking at assembly is so fun and enjoyable! I was inspired to go for this leadership role because of my two teachers Mrs. Davidson and Mrs. Gomolis. I was not going to go for it until they convinced me, and I don't regret going for it one bit, it's so fun! I think I bring a fun, enthusiastic energy to this role and give everything a go! I try to put as much effort as possible into any speech. I would love to bring new things to this school, helping it evolve into an even better school. I would love to do more speeches outside of assembly. The advice I would give to the Year 5's is to go for it, don't be nervous 'cause after a bit you don't even get nervous, and it is so fun. It is one of the best things about Year 6 for me.



My name is Ethan. My favourite hobbies are football, basketball and soccer. My school leadership role is School House captain for Falcons House. I went for this role because I like playing sports and I wanted to help with all the sport's stuff. I think that I bring fun and joy to this role because like when I go up at assembly I sometimes or all the time do like a 'yeah!' or 'wooh' even if we come last. The same thing as I have been doing for the first half of the year but this time I want someone to make it to Division athletics, and I also want to make it to Division athletics. Be confident in what roles you want and just have fun especially during the speeches.



Hi, my name is Leah. I am one of the 2023 Environmental Leaders. Some of my hobbies include basketball, dancing and art. (Who or what has inspired you to nominate for this role?) Over the years the teachers have inspired me to step outside of my comfort zone and take a risk. Also my friends were very supportive about the whole leadership process. (What do you think you bring to this role?) I think I am hard working whilst doing my role. (What would you like to achieve in this role for our school over the second half of the year?) I would like to educate younger kids about the importance of keeping our environment clean and safe. (What advice would you give to the Year 5's hoping to take on this leadership role in 2024?) My advice would be to just try for the role even if you're nervous to go for the role (I was). If you end up being an Environmental leader, in my experience it has been really fun and even if you don't get a role you can be a leader in your own way.



Hi, My name is Scarlett. I am one of the Performing Arts Leaders. Some of my hobbies include: art, music, singing and baking. I chose this role because I am very passionate about music and the ways I can express my emotions through music. I think that going to be a Performing Arts leader was a good chance for me to boost my confidence in life especially because if I didn't try then I would've lost my chance, and I've been so happy while being a leader. I personally think that I bring joy and happiness to this role and work hard to help Mrs Nicolson clean the music room and lots more. I would love it if I could achieve something to bring happiness or joy to students at AGPS to encourage them to keep doing what they love. My advice to the Year 5's would be to be yourself and don't lie about stuff that you're not, and go for what you want to go for. Try your hardest and be passionate about it like you mean it. For the future Performing Arts leaders I wish you the best and trust me when I say you will have a blast, being a Performing Arts leader was one of the best experiences in my life. And for those who might not have gotten a role, it doesn't mean you're not good at it or that you did terrible, and even if you didn't get a role you can still be a big role model and help the school.



save The Date

COLOUR FUN RUN

Thursday 23rd november

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fundraising
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The Fundraising Team



GLOWTOPIA

DANCE PARTY!



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Let's celebrate raising money for our WeCare charity.
Join in on the fun at after school care at TheirCare!

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The
Lighthouse
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Date and time:

Thursday 7/9 3:30 – 6:00PM





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TERM 4 PEACEFUL KIDS EXPRESSIONS OF INTEREST ARE OPEN!



'Peaceful Kids' is a Mindfulness and Positive Psychology based program to lessen anxiety and stress and increase resilience in children. The program has been created to offer children a developmentally appropriate program that gives them the skills, practice and support to utilise coping strategies that lessen the symptoms of anxiety and stress.

Outcomes of the Peaceful Kids program:

- Lessen symptoms of anxiety and stress in children
- Teaches children to self-calm
- Empowers children to manage their own anxiety and stress symptoms
- Builds emotional resilience
- Develops emotional intelligence skills
- Teaches children life-long skills to manage stress and prevent stress build-up
- Supports children so they know that they are not alone with suffering from anxiety



Program structure and fees:

- **Foundation:** 5 week program (60 mins each week). 4-6 students in each group.
- **Years 1-6:** 8 week program (60 mins each week). 4-6 students in each group.
- Sessions are run during class time (not during specialist classes).
- Cost: \$200 (Foundation) \$270 (Years 1-6). This includes all materials for the 5/8 week program and weekly emails to parents.
- 10% discount for siblings and returning students.

This program would suit:

- Children who get stressed easily and/or have anxiety.
- Children who find controlling their emotions difficult.
- Any child who would like to learn more about mindfulness.
- If you are not sure, please contact me to discuss if the program would suit your child or ask your teacher!

Who is running it?

My name is Lisa Webber and I am an experienced Primary School Teacher, Peaceful Kids Facilitator, Art Therapist and Mum of 4.

Don't hesitate to contact me for more information and enrolment details.

Keep an eye out for details about the parent information session!



This is me!

lisawebber@outlook.com.au www.peacefulkids.com.au

Victorian Seniors Festival

FREE events this October!

At Aspendale Gardens
Community Service



CHAIR FITNESS

Monday 9th October
11.30am to 12.15pm
Free

Chair-based fitness programs are designed to deliver a fun, musically driven full body workout, all from a seated position, perfect for those who have complications while standing.

WALK IT, SNAP IT, PAINT IT

Thursday 26th October
10am to 12pm
Free

A painting class inspired by nature! Take a leisurely stroll through the Edithvale Seaford Wetlands to take photos of your inspiration for your painting. Return to the Artist's Hub to paint your landscape, with guidance from Lee Cummins on sketching, brushes, and paint mixing to work on your masterpiece!

ZUMBA GOLD

Thursday 12th October
1pm to 1.45pm
Free


Zumba Gold combines dance, fun and fitness, and is at a lower intensity than a normal ZUMBA Class. Music is the same fun and catchy international music, including Salsa, Merengue, Cumbia, plus more!


HEARING CHECK


Tuesday 31 October
1pm to 3pm
Free


A 15 minute hearing check with Hearing Australia, to help identify any hearing loss you may have and refer you to specialised care if required.




 103-105 Kearney Drive Aspendale Gardens.

 9587 5955

 enquiries@agcsinc.org.au

 agcsinc.org.au

 facebook.com /AGCSinc



Proudly Sponsored by:

Community Bank
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SECOND HAND UNIFORMS

\$5.00 PER ITEM



Uniforms are available to purchase during
office hours: 8:30am — 4:30pm

ALL donations can be left at the school office.

OUR CANTEEN IS OPEN

WEDNESDAY, THURSDAY & FRIDAY

Counter sales available at lunchtime only

Please place Lunch orders via QKR

QKR closes at 8:59am on day of delivery



Mordialloc Cricket Club



Jiminy Cricket!

JUNIOR REGISTRATIONS NOW OPEN

Cricket Blast 4 - 9 years

Junior Cricket Mixed 9 - 15 years

All Girls Junior Cricket 9 - 15 years

Seniors

Enquires: communications@redbacksjcc.org

Registration: <https://bit.ly/3DC8Q0j>

or





Mordialloc Cricket Club

All Girls Cricket Competition

Fun - Inclusive - Game Based

Providing girls an opportunity to develop the skills of cricket while participating in a junior competition in the South East Suburbs of Melbourne

Enquires: communications@redbacksjcc.org

Registration: <https://bit.ly/3DC8Q0j>

or



Mordialloc Cricket Club

CRICKET BLAST

Kids up to 10 years old



**FUN
IS IN FULL
SWING!**

Registrations now open



Enquires: communications@redbacksjcc.org

Registration: <https://bit.ly/3DC8Q0j>

Journey through Space & Time



Mosaic Community Choir Concert

Sat 16 Sept
2 pm
Longbeach RSL

4 Thames Prom. Chelsea

trybooking.com/CKJGN

\$10 per adult

PROUDLY
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Afternoon tea
included

SOCCER COME & TRY MORNING

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Chelsea Football Club

**SATURDAY
SEPTEMBER 16TH**



**Special
Olympics**
Australia

Melbourne Southern

*Introductory program; basic skills and
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intellectual disability.*

All are welcome!

TIME: 10am – 11.30am

VENUE: Edithvale Recreational Reserve
117 Edithvale Rd,
Edithvale

AGE: 8 years and older

**REGISTER BEFORE
SEPTEMBER 9TH**

Registration Link:

<https://www.chelseafotballclub.com.au/chelsea-fc-come-try-id-program>

Contact

Dimity Pollard 0405 615 882
Membership Officer
SO Melbourne Southern

2023—2024 SCHOOL TERM DATES

TERM 3: Monday 10 July to
Friday 15 September

TERM 4: Monday 2 October to
Wednesday 20 December

TERM 1: Tuesday 30 January (students)
to Thursday 28 March



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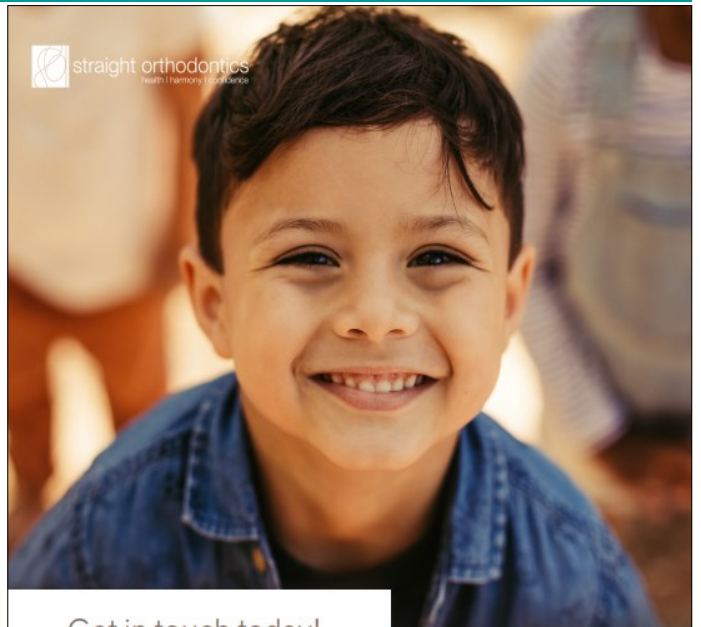
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