



## **Indian Honey Cake**

Season: Spring
Type: Dessert
Serves: 28 tastings
From the garden: Egg

Class focus: Cracking eggs



## **Equipment: Ingredients:** Kitchen Aid mixer Cake: Serving bowl x 1 250g butter (softened using microwave) Wooden spoon x 1 <sup>3</sup>/<sub>4</sub> cup sugar Measuring cups 5 eggs Measuring spoons Skewer x 1 2 cups plain flour 3 ½ teaspoons baking powder Deep baking tray x 1 Baking paper <sup>1</sup>/<sub>3</sub> cup milk Serving plate x 5 Kitchen tong x 5 Honey syrup: ½ cup water ½ cup honey Jam & Coconut Topping: 6 tablespoons strawberry jam 4 tablespoons desiccated coconut

## What to do:

- 1. Heat oven to 170C.
- 2. Prepare all of the ingredients based on the instructions in the ingredients list.
- 3. Put the <u>first 3 ingredients</u> in the Kitchen Aid mixing bowl.
- 4. Beat until light and fluffy, about 4 minutes.
- 5. Add the <u>next 3 ingredients</u> then beat until combined, about 15 seconds.
- 6. Pour cake mixture into the lined baking tray.
- 7. Bake in the oven for 20 minutes or until golden brown.
- 8. Meanwhile, put the ingredients for honey syrup in a serving bowl, stir until evenly mixed.
- 9. Remove cake from oven, use a skewer and poke holes all over the cake.
- 10. Pour the syrup on the cake. Let the cake cool slightly.
- 11. Spread the jam evenly on the cake and sprinkle with desiccated coconut.
- 12. Cut into 28 pieces (for Year 3 class) or 36 (for Year 5 class).
- 13. Serve into 5 serving plates with a kitchen tong in each.

Interesting terms:

Interesting techniques: Cracking eggs