

Basic Pasta Dough - Noodles

Season: Autumn

Type: Main

Serves: 32 tastings

From the garden: -

Class focus: Making fresh noodles



Equipment:	Ingredients:
Large mixing bowl x 1 Wooden spoon x 1 Pasta machine x 2 Measuring spoons Kitchen scale Baking tray x 2	500g plain flour 1 cup water ½ teaspoon salt 1 teaspoon canola oil

What to do:

1. Fix the pasta machine to the bench. Screw the clamp very tightly.
2. Prepare all of the ingredients based on the instructions in the ingredients list.
3. Place all the ingredients in a large mixing bowl, use a wooden spoon to mix and then use your hand to knead until it comes together to form a stiff dough.
4. Put the dough into the Kitchen Aid mixing bowl fitted with a dough hook, set the speed to 1 and knead for 5 minutes. Set aside to rest the dough for 5 minutes.
5. Meanwhile, clean and dry your workbench.
6. Then transfer the dough to a heavily floured workbench, divide the dough into 7 pieces.
7. Flatten and shape each piece of dough into a rectangle, about 8cm wide.
8. Pass each piece of dough through the rollers on the pasta machine set to 1 (the widest setting).
9. Change the setting to 3 and pass each piece of dough through the rollers again.
10. Lastly, change the setting to 5, pass the dough through.
11. Now it is time to make the noodles, carefully pass each sheet of dough through the spaghetti cutter.
12. Place noodles on to a floured baking trays ready to be cooked.
13. **Please follow the instructions on the next page to cook the noodles.**
14. Clean the pasta machine by brushing it with a pastry brush. **Never wash the machine.**

For gluten free option:

Gluten free pasta will be provided.