



Radish and corn Salad

Season: Autumn Type: Salad

Serves: 32 tastings

From the garden: Corn & radish

Class focus: Cutting corn kernels off the cob, cleaning

& chopping radishes



Equipment:

Large mixing bowl x 1 Wooden spoon x 1 Large saucepan x 1 Kitchen tong x 1 Small mixing bowl x 1

Whisk x 1

Chopping boards and knives

Measuring spoons Serving spoon x 5 Serving bowl x 5

Ingredients:

1 basket of mixed lettuce leaves (cubed – 2cm)
1 corn cob (see below instructions)
6 radishes (top & tail trimmed, skin-on, finely chopped)

Dressing:

2 tablespoons olive oil

2 tablespoons white wine vinegar 1 teaspoon wholegrain mustard

1 tablespoon maple syrup

½ teaspoon saltgrinds of pepper

What to do:

- 1. Wash all the vegetables, then dry the mixed lettuce leaves using a salad spinner.
- 2. Prepare all of the ingredients based on the instructions in the ingredients list.
- 3. Boil the corn in a large saucepan filled with hot water from the kettle for 5 minutes.
- 4. Remove corn from water, allow to cool and cut the corn kernels off the cob.
- 5. Combine all the ingredients for dressing in a small mixing bowl.
- 6. Put all the salad ingredients in a large mixing bowl, pour over dressing. Toss well.
- 7. Serve into 5 large serving bowls with a serving spoon in each.