



Creamy Corn Dip with Toasts

Season: Autumn Type: Side

Serves: 28 tastings **From the garden:** Corn

Class focus: Cutting corn kernels off the cob, chopping &

mincing



Equipment:	Ingredients:
Small mixing bowl x 1	Creamy Corn Dip:
Wooden spoon x 1	1 corn on the cob (see below instructions)
Medium saucepan x 1	½ capsicum (seeded, finely chopped)
Kitchen tong x 1	½ onion (minced)
Measuring cups	Juice of 1/4 lemon
Measuring spoons	½ cup light sour cream
Baking tray x 2	1 tablespoon olive oil
Baking paper	½ teaspoon sugar
Ramekin x 5	½ teaspoon salt
Small spoon x 5	10 grinds of pepper
Serving plate x 5	
Kitchen tong x 5	Toasts:
	14 slices of bread

What to do:

- 1. Heat oven to 180C.
- 2. Wash all the vegetables.
- 3. Prepare all of the ingredients based on the instructions in the ingredients list.
- 4. Boil the corn in a medium saucepan filled with hot water from the kettle for 5 minutes.
- 5. Remove corn from water, allow to cool and cut the corn kernels off the cob.
- 6. Combine all the ingredients for the dip in a small mixing bowl.
- 7. Divide dip into 5 ramekins with a small spoon in each.
- 8. Place bread in single layer on the lined baking trays, drizzle with some olive oil and bake for 7 minutes or until golden and crisp.
- 9. Cut each piece of bread into 2 triangles.
- 10. Divide the toasts into 5 serving plates with a kitchen tong in each. Serve toasts with the dip.