Aspendale Gardens Primary School
Newsletter—Thursday 3rd March

INQUIRER THINKER BALANCED RISK-TAKER KNOWLEDGEABLE
REFLECTIVE PRINCIPLED CARING OPEN-MINDED COMMUNICATOR

Aspendale Gardens is an IB World School that strives to be internationally minded.
Our purpose is to provide a supportive safe and dynamic learning environment. We promote inquiry, curiosity, creativity and individuality. We aim to develop a resilient, open-minded school community where all students become independent, emotionally intelligent and socially competent as they strive to achieve their potential as global citizens.

2022 DIARY

MARCH		**MARCH**	
Friday 4	District Swimming Carnival	Monday 21	Division Swimming Carnival
Monday 7	Year 6 Canberra Tour POSTPONED	Thursday 24	Year 1 Supreme Incursions
	Year 4 Royal Botanical Gardens Excursion	Wednesday 30	African Drumming Incursion
		Thursday 31	African Drumming Incursion
Monday 14	LABOUR DAY HOLIDAY	**APRIL**	
Wednesday 16	Years 3—6 Cross Country	Friday 1	CURRICULUM DAY - NO school on this day

FROM OUR ACTING PRINCIPAL

Each week this term there will be a feature article from the year levels promoting and celebrating the great work, actions and activities that are going on at AGPS. Thank you to the Year 3 team for their page highlighting their current PYP units of inquiry.

It was wonderful to arrive at school this morning to hear the buzz of students, teachers and parents enjoying a chat and breakfast, following Morning Running Group. One hundred students participated in the first running group of this term. Thank you to the adults for supporting this activity by either running or providing breakfast.

School Council

We had our final meeting of the 2021 School Council on Monday night. I would like to take this opportunity to thank Melissa Ross and Adam Maltman for their contribution to our School Council.

Melissa has been on our School Council for 4 years and has always offered a balanced perspective to the team. Adam has been on our School Council for 9 years, 3 years as Council President. Adam has always kept our meetings on track and has brought a 'can-do' attitude to our team. We thank Melissa and Adam for their time and dedication over the years.

Taking Action

It was excellent to hear this week of Eleanor C in 4RG, living our PYP Learner Profile Attributes and 'taking action'. In January 2019 Eleanor shaved her head and donated it to 'Variety Hair with Heart' to make wigs for sick children. She also raised $1000. Eleanor's hair is now long enough and she is keen to help others again. Eleanor will be having her hair cut on Friday 18th March. Well done Eleanor for helping others in this way. If families would like to donate to the cause, please follow this link…
https://hairwithheart.variety.org.au/s/6754/6754/e
Wigs cost families up to $6,000, lasting 1-2 years, which means families can spend tens of thousands of dollars on the purchase of wigs throughout a child's youth. By making a donation to 'Variety - the Children's Charity', you can help provide a wig or other vital equipment to a child in need. Thank you for helping kids in need.

Going for Gold

On Sunday 27th February Sam R, in 6BH, competed in the Australian Jiu Jitsu National Championship in the U12 52.5kg White Belt bracket. Sam did incredibly well and came away with gold. We know that this would have taken a lot of dedication and practice. Congratulations Sam!

Clean Up Australia

Here is an opportunity for us all to 'take action'. Our local communities will be organising 'Clean Up Australia' activities over the weekend, so keep an eye out for opportunities to join in. If you are unable to join in with an organised event, families may choose to look around their locality and clean / tidy / beautify areas. At school we will be having a designated day later on this term where our students will be cleaning up and tidying our school environment and local area.

District Swimming

On Friday, 27 students will be competing in the District Swimming Carnival. They will be representing our school and swimming against a number of local schools. We wish our students all the best and encourage them to swim to the best of their ability and represent AGPS well, both in the pool and out.

Second Hand Uniforms

We have second-hand AGPS uniforms for sale. Each garment is $5.00. Cupboards are located at the end of the Admin building near the staffroom. If you have any uniforms in very good condition that your child has outgrown, please consider donating these items to our second-hand supplies. Just drop your **laundered** items into the lovely office ladies.

Chelsea Community Library

We have recently been notified that Chelsea Library is now open for business. The newly renovated Chelsea Library features an open design, a new meeting room/study room, nooks for studying, a tech bar, new computers including 2 iMacs and comfortable seating for reading. Programs have recommenced, with a return of story times, children's programs, book clubs and Seniors Digital Literacy classes.

Kiss and Go

Our 'Kiss and Go' area, on Kerr Crescent, is a way in which we can decrease the traffic congestion around our school. We just ask parents to ensure they **do not double park** in this area leading up to the Kiss and Go area and that the drop off and pick up is done quickly. Parents should remain in the car whilst parked in the Kiss n Go area.

Office Reminders

If you are having any issues with Compass, or require your password to be reset, please phone the school office on 9587 0877 and the friendly office staff will be able to assist you.

When going on a family holiday please fill in the appropriate form, available from the office, or download from our website. Any other long absences (three or more days) can be explained in a written note from the parent, or parents can record ALL absences independently on Compass.

Have a safe and enjoyable weekend everyone.

Jonathan
Acting Principal

STARS OF THE WEEK

TERM 1 WEEK 4

Phone: 9587 0877 Email: aspendale.gardens.ps@edumail.vic.gov.au Website: www.agps.vic.edu.au

STARS OF THE WEEK

TERM 1 WEEK 4

PYP focus in Year 3

Last Friday, the Year 3s ventured out to the Chinese Museum, which for many was their first excursion since Foundation. Filled with much excitement, together we took the journey into China town to make valuable connections to our *How We Express Ourselves* and *Who We Are* units of inquiry.

How We Express Ourselves

Central Idea:
Celebrations around the world help us appreciate diversity and culture

Following our learning about Chinese New Year, students were amazed by the Chinese dragon requiring 20 people to carry it, spiralling the ramp up towards a lantern filled gallery. We tested our dexterity and patience with a lantern making workshop made from *hong boa* (red envelopes with monetary gifts to wish each other good luck).

Who We Are

Central Idea:
Experiences and beliefs shapes a person's actions

We also explored the many levels of the Chinese Museum, discovering the 'experiences and beliefs that help shape a person's actions', our next central idea. From deep below the museum's interactive experience of Chinese immigrants during the Gold Rush to today's celebrated Chinese Australian achievers, we explored the Australians of Chinese descent that have been a part of Australian society for over 200 years. The 'We Are Strong Within' workshop left us with not only just a chatterbox to remember the values within us, but also personal experiences and connections to strengthen our self-belief.

There is no better way to end an excursion than with a picnic lunch and play at the iconic Carlton Gardens playground before heading back home. We look forward to our next excursion and congratulate all the children on representing AGPS and demonstrating our learner profile attributes.

AGPS Cross Country Carnival (Years 3 - 6)

A reminder that on **Wednesday 16th March** we will be hosting our **AGPS Cross Country Carnival (Years 3-6).** The event will be held in the Open Parkland behind the main school ground, (Melbourne Water Reserve), using the existing bike paths. The event will begin at approximately **9:00am** and will finish at approximately **11:15am.**

Below is a schedule of the morning including a list of the age groups and distances that students will be required to run:

(PLEASE NOTE: These times are approximate times ONLY)

TIME	AGE GROUP	DISTANCE
9:00am	Walk out to the AGPS Sportsground (behind school grounds) Students sit in their House colours.	
9:15am	Welcome and a run-down of the event by Mr. King & Mr. Murphy	
9:25am	Year 6 House Captains perform their House Chants	
9:35am	8/9/10 Year Old (Girls)	2 km
9:40am	8/9/10 Year Old (Boys)	2 km
10:00am	11 Year Old (Girls)	3 km
10:05am	11 Year Old (Boys)	3 km
10:30am	12/13 Year Old (Girls)	3 km
10:35am	12/13 Year Old (Boys)	3 km
11:05am	Announcement of the AGPS Cross Country Champions for 2022 by the Year 6 Sports Leaders.	
11:15am	End of the 2022 AGPS Cross Country Carnival.	

Please see below which age group your child will be running in for the event:

Age Group	Year/s Born
8/9/10 Year Old	2012 - 2014
11 Year Old	2011
12/13 Year Old	2009 - 2010

Students can wear their **House Colours** as well as appropriate clothing and shoes to run in for their event. The Top 10 students in each age group will progress through to the **CPDPSSN District Cross Country Carnival** on **Friday 6th May.**

Mr. King and Mr. Murphy are also looking for **parents** who are able to assist on the day in the **roles of course marshals**. If you are able to assist, please contact **Mr. King** on **ClassDojo** by **Tuesday 15th March.** For more information on the event, please look on Compass or contact Mr. King.

Mr Braden King

Sunflower Garden Competition

To bring even more sunshine to these uncertain times and to 2022, two weeks ago we began our AGPS Sunflower growing competition. Planting our seeds in our class designated garden beds, last week, we excitedly saw our seeds germinating.

Classes will be responsible for tending to their seedlings with regular watering, weeding and feeding with the hopes of winning one of the following categories: tallest sunflower, largest diameter, most heads on one stalk, best photo with their sunflower and the most unique sunflower. The winners will be announced at the end of Term I and the sunflowers will be sold on our garden cart to raise money for a charity to be determined. Feel free to check on our sunflowers before and after school in the garden. Good luck to all classes participating and happy growing!

CPDPSSN District Swimming Carnival – Tryouts Report

Over the last few weeks, students in Years 3 - 6 have had the opportunity to try out for the AGPS District Swimming Team, hoping to represent AGPS at the CPDPSSN District Swimming Carnival in Term 1.

Well done to all of the students who attended the tryouts. It was great to see everyone trying their best to get a place in the team! A big thank you to Mr. Murphy, Ms. Hunt, Mrs. Morrison-Woolcock and Deb Hatfield who assisted with the tryouts.

Following the tryouts, **27 students** have been selected to represent AGPS at the CPDPSSN District Swimming Carnival this **Friday 4th March.**

Well done to the following students who have been selected:

Tullow D W (3AT)	**Charles F (3AT)**	**Emel K (3JB)**	**Ishak A (4OM)**	**Jonah D W (4OM)**
Alison Y (4RG)	**Leah P (4RK)**	**Teah W (4RK)**	**Ethan D (5AA)**	**Jessie F (5AA)**
William M (5AA)	**Sara C (5BM)**	**Lewis J (5BM)**	**Larah P (5BM)**	**Qianyi S (5BM)**

Phoebe S (5BM)	**Alisha H (5DG)**	**Ben H (5LW)**	**Hugo H-H (5LW)**	**Isobel McC (6AK)**
Emerson L (6BH)	**Cooper W (6BH)**	**Clover D W (6JC)**	**Neena L (6JM)**	**Mitch S (6JM)**
Stephanie V (6JM)	**Alexis W (6JM)**		**Isabella R (5BM)**	**Kiaan S (6JM)**

A special mention to **Isabella** & **Kiaan** who placed in the Top 4 for one of their events at the tryouts & received ribbons for their efforts.

On behalf of AGPS, good luck to the 27 students who will be competing tomorrow at the CPDPSSN District Swimming Carnival. We know that you will all represent AGPS extremely well. GO AGPS!

Mr. King

Year 6 Interschool Sport (ISS) Match Report

Last Friday, the Year 6 students hosted **Chelsea Heights Primary School** for their 2nd round of Year 6 Interschool Sport (ISS). The Year 6 students once again did a fantastic job, representing AGPS in their chosen sport with pride, while also showing lots of sportsmanship throughout their games.

Below are the results from last week's games:

BASKETBALL (BOYS)	
AGPS	35
CHPS	0
Best Player/s:	Zac M & Mitch S

BASKETBALL (GIRLS)	
AGPS	14
CHPS	12
Best Player/s:	Savvy P & Evie S

CRICKET (BOYS)	
AGPS	261
CHPS	80
Best Player/s:	Max T & Ben P

CRICKET (GIRLS/MIXED)	
AGPS	125
CHPS	64
Best Player/s:	Magni S & Alana W

KICKBALL (MIXED #1)	
AGPS	8
CHPS	17
Best Player/s:	Ben T & Boris L

KICKBALL (MIXED #2)	
AGPS	13
CHPS	16
Best Player/s:	Myra C & Cam A

VOLLEYBALL (BOYS)	
AGPS	2
CHPS	1
Best Player/s:	Ollie P & Sam R

VOLLEYBALL (GIRLS)	
AGPS	3
CHPS	0
Best Player/s:	Ella M & Sunshine H

LAWN BOWLS	
AGPS	5
Other Schools	4
Best Player/s:	Vy H & Asiya A & Geraldine B & Aneesh V

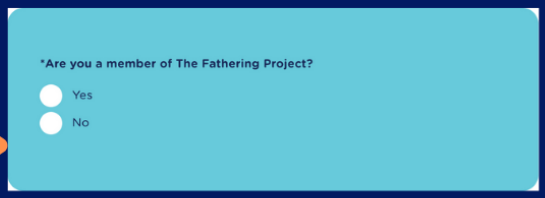
Our next game will be in two weeks against **Carrum Primary School** at AGPS. Well done once again to all of the Year 6 students on their efforts last week. **GO AGPS!**

Mr. King

How to join our dads' group: DAG's

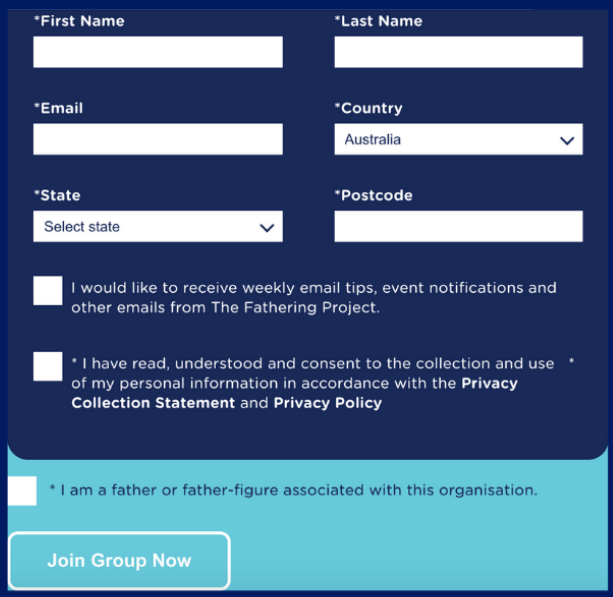
Step 1: https://thefatheringproject.org/dads-group/aspendale-gardens-primary-school/

Step 2: Join Group



Step 3: Select NO

Step 4: Enter your details and select "Join Group Now"



Phone: 9587 0877 Email: aspendale.gardens.ps@edumail.vic.gov.au Website: www.agps.vic.edu.au

WHAT'S ON IN TERM 1:

Art for Adults - 6 week program

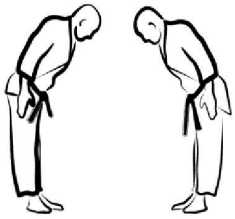
When: Wednesdays - 10.00am to 12.00pm

Cost: $210.00 (pro rata if joining after first week.

Playgroup

When: Tuesdays & Thursdays - 9.15am to 11.15am

Cost: $6.00 per family per session



JKA Karate

When: Wednesdays 6.30pm to 7.30pm
Saturdays 2.30pm to 3.30pm

Cost: $120.00 + JKA Insurance (pro rata)

Occasional Childcare

When: Wednesdays - 8.30am to 1.30pm
Cost: $55.00 per child per session

When: Thursdays - 8.30am to 11.45am
Cost: $37.00 per child per session

Messy Play

When: Fridays - 11 March, 25 March & 8 April

Cost: $6.00 per family per session

For more information about all programs and events, please refer to our website: www.agcsinc.org.au or scan the QR Code:

103-105 Kearney Drive, Aspendale Gardens
9587 5955 | enquiries@agcsinc.org.au | www.agcsinc.org.au

TERM 2: Limited places for years 2-6

Peaceful Kids Program

Peaceful Kids program

'Peaceful Kids' is a Mindfulness and Positive Psychology based program to lessen anxiety and stress and increase resilience in children. The program has been created to fulfil a need in schools to offer all children a developmentally appropriate program that gives children the skills, practice and support to utilise coping strategies that lessen the symptoms of anxiety and stress. The program also involves parental involvement and commitment to supporting the strategies at home.

Outcomes of the Peaceful Kids program:

- Lessen symptoms of anxiety and stress in children
- Teaches children to self-calm
- Empowers children to manage their own anxiety and stress symptoms
- Builds emotional resilience
- Develops emotional intelligence skills
- Teaches children life-long skills to manage stress and prevent stress build up
- Supports children so they know that they are not alone with suffering from anxiety

Program structure:

- Peaceful Kids is an **8 week program** for students in Years 2-6. **Sessions are 60 mins, once a week. Beginning Term 2 @ AGPS.**
- There are between **4-6 students** in each session and they will run during class time (not during specialist classes eg. art, PE etc). Places are limited.
- **Cost: $250.** This includes all materials for the 8 week program, weekly emails with parents and a parent information session. Returning students or if you enrol more than one child, you will receive a 10% discount.
- Ready to book or would like more information? Please email me at lisawebber@outlook.com.au

This program would suit:

- Children who get stressed easily and/or have anxiety.
- Children who find controlling their emotions difficult.

Looking forward to hearing from you.

Lisa Webber- Primary School Teacher & Peaceful Kids Facilitator
lisawebber@outlook.com.au

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OUR CANTEEN IS OPEN!

WEDNESDAYS, THURSDAY & FRIDAYS

Currently there are NO over the counter sales

Please place Lunch orders via QKR

QKR closes at 9:00am on day of delivery

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